

HOSPICE PATIENTS EMERGENCY PLANNING

For families caring for loved ones at home, emergency situations can become complicated. The most common emergencies are: blizzards, ice storms, floods hurricanes or fires. Often times, there is warning of a pending storm. Following these guidelines **before a crisis** can greatly reduce emergency calls and stress for everyone.

1. Make a list of emergency phone numbers including:

Fire _____ Physician _____
Police _____ Key Family Members _____
Electric/Gas _____ _____

2. Select an emergency contact person and have their numbers at:

Home: _____ Work: _____ Cell: _____

- Maintain adequate supplies of medications and food and water (usually 3 days). Have a hand-held can opener available. ½ - 1 gallon of water per person.
- Have a strong flashlight, a portable radio and extra batteries for both of these.
- Call your utility department and the fire department and let them know if you have oxygen.
- If you must leave your house call, Old Colony Hospice at 781-341-4145 and let us know where you have gone. We will try to visit you. Your police department or the MEMA office listed below can help you with evacuation routes if necessary.
- If you need emergency, medical care, we will assist you with transportation to the nearest appropriate medical facility.
- Do not be afraid to ask for help from neighbors and friends.
- Call the Hospice if you need help obtaining medications, supplies or equipment.

Resource List

Weather Conditions : if television and radio reports state “snow emergency” or “extreme weather conditions” avoid driving.

Road Conditions : “Smart Traveler” Mass. Department of Transportation: 617-374-1234 or www.smarttraveler.com or dial *1 on your cell phone for Smart Traveler.

Emergency Assistance and Information:

Mass. Emergency Management Association (MEMA) Area 2 Office, Bridgewater 508-697-3111
MA State Police: 508-947-2222